

AAU JUNIOR ATLANTIC BEACH CLUB AND TOURNAMENT HIGHLIGHTED PLAYING RULES

RULES & REGULATIONS

We will follow the AAU Beach Volleyball Tour guidelines. Which will be conducted under the current AAU Code and the playing rules of USA Volleyball. Modifications of the USA Volleyball rules may be implemented that are beneficial to the participants in the defined age groups. Coaches and athletes are responsible for proper warm-up prior to practice and/or competition.

2009 Age Divisions (Boys & Girls) AAU Beach Volleyball Season will utilize calendar year age cut-off for all events.

U18: Year Born: 1991-1992 (FIVB Youth)

U16: Year Born: 1993-1994 (AAU Junior Olympic Games)

U14: Year Born: 1995-1996 (AAU Best of the Beach)

U12: Year Born: 1997-1998

U10: Year Born: 1999-2000

Net Heights

Net Height: Boys 8' - U20, U

Net Height: Boys 7' - U12, U10

Net Height: Girls 7'4 - U20, U18, U16, U14

Net Height: Girls 7' - U12, U10

Playing Court:

Short Court

All Divisions: 16 m x 8 m (52'6" x 26'3

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The AAU Junior Beach Volleyball Tour will utilize the following highlighted playing rules this summer.

All tournaments will utilize pool play followed by playoffs. Teams are guaranteed a minimum of three games. Most tournament games will be a single game in pool play with best of three formats in pool play and playoff competition. This is to ensure the pacing and completion of the tournament for all teams involved. Teams are expected to officiate and score assigned matches on their schedule. Playoff officiating teams are assigned for the first round, after this, the losing team must officiate the next match on their court or assigned court before dismissal.

Rally Scoring

2 games to 21 with third game to 15 (if necessary)

or 1 game to 25 (rally scoring)

Let Serve is Permitted

Block counts as a contact

No Open hand dinks/tips

One Toss per serve

Players may not "set" the serve

Players handling the ball must set the ball in direction they are facing or directly behind them (shoulders squared) when returning the ball over the net.

Smaller size FIVB/AVP Regulation Court

Side Changes in multiples of seven (7).

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DISTRICT/REGIONAL/OPEN TOURNAMENTS FORMAT All Tournaments and the California High School Championships are Pool Play followed by single-elimination playoffs. Games or full matches may be played. The Exceptions are the U18 Boys & Girls Tournaments in Southern Pacific District which will use a modified double-elimination format and play full matches. (AAU Spring Classic Open, AAU Los Angeles Open, AAU Southern Pacific Championships, AAU Tour Championships) **AAU NATIONAL CHAMPIONSHIPS FORMAT**

U10 DIVISION: Single Day Tournament; Pool Play followed by Single-Elimination Playoffs **U16/U14/U12 DIVISIONS:** Two Day Tournament; Two Rounds of Pool Play followed by Single-Elimination Playoffs Not All Teams will advance to Day 2 **U18 DIVISION:** Modified Double-Elimination; One or Two Day Format depending on the number of teams. Full matches are played.

AMERICA'S CHALLENGE/AAU JUNIOR OLYMPIC GAMES/BEST OF THE BEACH Two Day Format; All teams compete on both days. Full matches. Day 1 Pool Play followed by Bracket Play on Day 2

To obtain a copy of the beach volleyball rules, please contact:

USA Volleyball www.usavolleyball.org

For additional materials about the AAU Volleyball Program, please contact

AAU Volleyball www.aauvolleyball.org volleyball@ausports.org

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Games begin by deciding serve and side.

Serve and side can be determined by a coin toss, rock-paper-scissors, or other variations.

When serving, a player may toss the ball only once.

When receiving a serve, players must "bump" the ball, or receive with hands together.

Players have 10 secs to get ready for a serve-Server must call the score before serving to acknowledge they are ready to serve and confirm the serve. If the receiving team is questioning the score, or is not ready they must have their hand up with palm facing the server.

Players may not take the serve with open hands, double contact, or lift.

A "down ball" may be taken as a double contact *without* a violation.

A "free ball" should be taken as a bump. If taken with the hands, it must be clean (No double contact. This contact can be judged similar to the "set" or second contact)

When setting, a player must be facing the way the ball travels - i.e. a player may set a ball forward or backward, but may not set a ball over the shoulder to the side. If wind redirects the ball, this is not a violation.

When hitting, players may not open hand dink, or "redirect" the ball with the fingers.

The hand must be closed or a "roll shot" can be used.

Beach courts do *not* have a centerline. Players can go under the net, as long as they do not interfere with play on the other side.

When blocking, if the block contacts the ball, it counts as a contact. The team then has two more contacts to put the ball over the net.

The blocking player may play the ball up after blocking, i.e. take both first and second contacts (same as indoor).

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The AAU Junior Beach Volleyball Tour will utilize the following

All teams entered will officiate games. There will be staff on hand to help those new at officiating beach volleyball.

Parents are not allowed to officiate (or keep official score).

PARENTS ARE TO BE SEEN AND SUPPORTIVE, BUT ARE NOT ALLOWED TO BE HEARD COACHING OR OFFICIATING. PARENTS AND COACHES CAN COMMUNICATE WITH PLAYERS DURING TIMEOUTS ONLY!

This is a fun learning experience for players.

Most players will settle disputes, honestly, fairly and quickly without adult input. The team officiating duties are lined out in the tournament format that each pool will receive.

Primary Player Referee Duties:

Keep score

Record results in pool sheet

Help with serving order

Help settle disputes

(Playing teams should call their own violations, and call out the score).

Any competition disputes are first settled between the teams, then to the referee, if the dispute is not solved, then the teams should ask a tournament official at the tent. Parents and spectators are not allowed to speak to the officiating team, or officiate.

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Junior Beach Coaching Rules

Passive coaching is permitted.

Coaches are used to help teach the game

Coaching can take place during time-outs, (each team gets 2 time outs that can be used together or individually. 30 sec. sand wipe offs are allowed on the court without coaching communication.

Coaching can also take place during side changes (they get an automatic time out for side changes of 1 minute.).

Coaches may only have contact with their athletes during these time out moments off the court.

Coaches may not confront the opponents or player officials assigned to matches.

Team coaches must register as an official coach with the tournament director and must have an AAU membership and or USA membership depending on the tournament requirement.

Coaches cannot walk around the court giving hand signals. Coaches must be outside of the playing area in a team-designated area where they can meet during time outs.

Coaches need to reframe from using confusing language that could be interpreted as coaching by spectators.

Outside of positive general comments, coaches are expected to remain quite during playing time.

Coaches are allowed to be on the court during a players pre game warm up.