

**Code of Conduct
for
PLAYERS AND PARENTS**

(Revised 9-13-2005)

I understand that as a member of VB4Y, I will be expected to make ACADEMICS and ATHLETICS a priority in my life as well as follow all of the rules set out by the USAV and AAU organization.

I will not be satisfied with less than my best effort on the court or in the classroom.

I will attend all practices, games, and team events. In the event that I am unable to attend any function due to school work or personal emergency, my parents or I will personally contact my coach immediately.

I will be on time to every volleyball function. I understand that it is inconsiderate to my teammates and coaches to be late.

I will treat all those that I come in contact with while representing VB4Y with courtesy and respect. I understand that if my behavior is affecting the team, I will be asked to leave or sit out of practice. I understand that the team and coaches will not tolerate any disrespect, or I may be asked to leave the team without a refund of membership and team fees.

I will avoid the critical errors frustration can sometimes bring on such as:

Displaying unsupportive attitude regarding the decisions of players and coaches.

Displaying unsupportive attitude regarding the performance of teammates.

I will avoid confrontations, and if I feel the need to talk to a coach or player about my frustrations, I will do it in private.

I realize body language can be more harmful and speakful than words, so I will keep my body language positive.

I understand gossip leads to harmfulness, and I will avoid gossiping.

I understand the coaches are here to help us become better volleyball players and to help us respect each other's abilities.

I understand that the words "CAN'T" and "I'LL TRY" are not positive, and I will avoid using words that are not supportive.

I will DO everything I CAN to become a better volleyball player and person in this 2005-2006 Volleyball 4 Youth Season.

I will encourage my teammates and follow these guidelines. I understand my parents and I must encourage our team families to do the same. I understand that failure to meet the requirements of all information given out by VB4Y, AAU and USAV may result in a loss of opportunities to continue as a member of the VB4Y Volleyball Family.

Player's Signature and Date:_____

Mother's Signature and Date:_____

Father/Guardian Signature and Date:_____